

# DENTAL SLEEP MEDICINE ADVANCED PROGRAM

Friday to Saturday, May 4th to 6th, 2018

*INSTRUCTOR  
BIOGRAPHIES*



**Leopoldo P. Correa, BDS, MS**, is an Associate Professor, Division Head of Dental Sleep Medicine, and Director of Dental Sleep Medicine Fellowship Program at Tufts University School of Dental Medicine in Boston Massachusetts.

He is diplomate of the American Board of Dental Sleep Medicine, received his Master Degree in orofacial pain and temporomandibular disorders at Tufts University where he has treated sleep apnea and TMD patients for over 15 years with his mentor Dr. Noshir R. Mehta.

Dr. Correa teaches Dental Sleep Medicine into the pre and postgraduate programs at Tufts University, and also participates as speaker in national and international seminars. He is a fellow of the American Dental Education Association (ADEA) Emerging Academic Leaders Program.



**Jonathan Parker, DDS**, is a graduate of the University of Minnesota School of Dentistry. He has treated patients with snoring and sleep apnea for over 24 years and has had a full-time practice in dental sleep medicine in Minneapolis, Minnesota since 2001.

He is a Diplomate of the American Board of Dental Sleep Medicine and the American Board of Orofacial Pain, he is a charter member of the American Academy of Dental Sleep Medicine where he was the recipient of the Academy's prestigious Distinguished Service Award in 2003, and past President of the American Board of Dental Sleep Medicine.

Dr. Parker has authored a number of research articles and abstracts evaluating the effectiveness of oral appliance therapy for obstructive sleep apnea (OSA). Dr. Parker has lectured internationally on evaluation and treatment of snoring and OSA. He is well known for developing innovative techniques and protocols to improve patient care and treatment success in dental sleep medicine.



**Robert Rogers, DMD**, has had a special interest in the treatment of sleep-disordered breathing since 1990 and treats patients in conjunction with many regional sleep centers. Presently, he is President and Director of Clinical Services for Pittsburgh Dental Sleep Medicine, PC and limits his practice to dental sleep medicine. Dr. Rogers is the founding president of the American Academy of Dental Sleep Medicine (AADSM) and served again as president in 1995 and 1999. In addition to being a long-term member of the Board of Directors, he has participated in committee work on a consistent basis. Dr. Rogers is a Diplomate of the American Board of Dental Sleep

Medicine and is the recipient of the AADSM Distinguished Service Award. Dr. Rogers was the author/editor of the original AADSM educational slide series and is a contributing author to the graduate dental text, Clark's Clinical Dentistry. He is currently the dental consultant to Philips-Respironics, Inc. Dr. Rogers was a member of the task force for the revision of the American Academy of Sleep Medicine Position Paper and Practice Parameters on Oral Appliance Therapy. He also co-authored the American Academy of Sleep Medicine Guidelines for the Evaluation, Management and

Long-term Care of Adult Obstructive Sleep Apnea. In addition, he is a consultant for the National Institutes of Health regarding oral appliances as related to the treatment of sleep-disordered breathing. Dr. Rogers is a frequent speaker at the AADSM Annual Meetings and has presented lectures on oral appliance therapy to physicians, dentists and patient groups throughout the United States and Europe.



**Marybeth Rogers, BS**, graduated from the University of Pittsburgh with a Bachelor of Science degree in education and taught school in the Pittsburgh area for several years. After teaching she managed a busy dental practice for her husband, Rob Rogers for many years and is experienced in dental assisting, front office management, bookkeeping and accounting. In 1991, Mary Beth became the executive director of the newly formed Sleep Disorders Dental Society, a non-profit professional educational association of dentists and physicians. Under her direction, the Society came together to promote the legitimate acceptance of oral appliance therapy by the medical profession and expand the role of dentists in the practice of sleep medicine. The organization is presently one of the fastest growing associations in the sleep medicine field and offers board certification to serious dental practitioners. Now known as the American Academy of Dental Sleep Medicine, Mary Beth was the first recipient of the academy's Distinguished Service Award. Presently, she is the vice president of Pittsburgh Dental Sleep Medicine and manages all administrative services including insurance reimbursement and contracting. Mary Beth works closely with Medicare as a member of the Provider Outreach Education Advisory Group and consults with many insurance companies to help establish medical policy regarding oral appliances.



**Noshir R. Mehta, DMD, MS**, is the Senior Advisor for the Craniofacial Pain, Headache and Sleep Center and Associate Dean of Global Relations, at Tufts University School of Dental Medicine. He is a Diplomate of the American Board of Orofacial Pain, and American Board of Dental Sleep Medicine, Fellow of the International College of Dentists and Fellow of the Pierre Fauchard Academy.

Dr. Mehta is author of numerous scientific articles and chapters in major textbooks on orofacial pain, Dr. Mehta has and continues to lecture nationally and internationally on his areas of interest including dental occlusion, bruxism and dental sleep.



**Jamison Spencer, DMD, MS**, is a Diplomate of the American Board of Craniofacial Pain and the American Board of Dental Sleep Medicine. Dr. Spencer is past President of the AACP and an AACP Institute faculty member. He completed a 3-year distance learning MS degree program through Tufts University.

Dr. Spencer's private practice is limited to dental sleep medicine and craniofacial pain. Dr. Spencer lectures nationally and internationally on the topics of anatomy, craniofacial pain and dental sleep.



**Noah Siegel, MD**, is board certified in both Sleep Medicine and Otolaryngology Head and Neck Surgery (ENT). Dr. Siegel is the Medical Director of Otolaryngology for Massachusetts Eye and Ear's Longwood facility in Boston. He is a member of the Faculties at Harvard Medical School, and Tufts University School of Medicine.

Dr. Siegel attended the University of Michigan in Ann Arbor for both his undergraduate and Medical School training where he graduated Magna Cum Laude in 1995. He completed his general surgery internship at Northwestern University in Chicago and then completed his residency at Harvard University in Otolaryngology- Head and Neck Surgery.

Dr. Siegel has an active medical practice with primary interest in sleep disorders, allergy and pediatric otolaryngology. In addition, he regularly teaches courses and classes at national conferences and for academic medical/dental training programs.



**Jayme Matchinski, JD**, concentrates her practice on health care and corporate law, with a particular focus in the area of sleep medicine. She assists physicians and health care systems with compliance, reimbursement, licensure and certification issues, as well as the purchase, sale and formation of health care entities. Her clients include sleep disorder centers, durable medical equipment companies, rehabilitation hospitals and facilities, ambulatory surgery centers, long-term acute care hospitals, skilled nursing facilities, nursing homes and assisted living facilities. Previously, Ms. Matchinski served as the vice president of a national health care consulting firm. Ms. Matchinski is a member of the editorial advisory board of Sleep Diagnosis and Therapy Journal, and an advisory member of the board for the Sleep Center Management Institute in Atlanta, GA. She also serves on the board of Volunteer Optometric Services to Humanity Illinois Chapter and helps provide pro bono representation to individuals seeking political asylum through the Heartland Alliance for Human Needs & Human Rights. She earned her J.D. from Valparaiso University School of Law and holds a Bachelor of Science from Northern Michigan University.



**Orfeu Buxton, PhD**, Associate Professor Biobehavioral Health Penn State University, Assistant Professor Division of Sleep Medicine Harvard Medical School, Associate Neuroscientist Department of Medicine Brigham and Women's Hospital, Adjunct Associate Professor Department of Social and Behavioral

Sciences Harvard School of Public Health, Faculty Affiliate of Penn State's Population Research Institute (PRI), Member of the Graduate Faculty in Neuroscience.

Dr. Buxton's research primarily focuses on 1) the causes of chronic sleep deficiency in the workplace, home, and society, and 2) the health consequences of chronic sleep deficiency, especially cardiometabolic outcomes, and the physiologic and social mechanisms by which these outcomes arise. Successful aging is a central focus of this work. Ongoing interdisciplinary human studies involve sleep loss, aging, and insomnia, as well as health disparities. Dr. Buxton serves on the Internal Advisory Board for the Harvard School of Public Health Center for Work, Health, and Wellbeing.

Dr. Buxton is a member of the Work, Family, and Health Network, cochairs the Steering Committee, and leads the Biomarker and Actigraphy Data Coordinating Center (BADCC) for the Work, Family, and Health Study, among others.

After earning a B.S. in Behavioral Neuroscience from the University of Pittsburgh and a stint as a small business owner, Dr. Buxton earned a doctoral degree in Neuroscience from Northwestern University, Evanston, Illinois, working with Professors Eve Van Cauter and Fred Turek. He obtained post-doctoral training in sleep and endocrinology with Dr. Van Cauter at the University of Chicago. Dr. Buxton co-founded the National Postdoctoral Association, a member-driven organization that provides a unique, national voice for postdoctoral scholars.

<http://bbh.hhd.psu.edu/directory2/Bio.aspx?id=OrfeuBuxton>